

Curriculum Vitae

Stephanie Secord Fredrick, Ph.D., NCSP

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Department of Psychology
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EDUCATION

- Ph.D. (2015) Northern Illinois University, DeKalb, IL
Specialization: School Psychology (APA accredited, NASP approved)
Dissertation Title: *The Protective Role of Social Support and the Relations Among Cyber and Traditional Victimization, Depression, and Suicidal Ideation*
Dissertation Chair: Michelle K. Demaray, Ph.D.
- M.A. (2012) Northern Illinois University, DeKalb, IL
Specialization: School Psychology (APA accredited, NASP approved)
Master's Thesis Title: *Multidimensional Perfectionism and Internalizing Distress: Sourced of Perceived Social Support as Moderators*
Master's Thesis Chair: Michelle K. Demaray, Ph.D.
- B.S. (2008) Grand Valley State University, Allendale, MI
Major: Psychology, Minor: Statistics

PROFESSIONAL EXPERIENCE

Assistant Professor of School Psychology, August 2016 - Present
Department of Psychology, Central Michigan University
Mt. Pleasant, MI

- Teach graduate courses including Practicum Seminar, Assessment of Affective and Behavioral Disorders, and undergraduate courses in child and adolescent development
- Maintain active research program with a focus on bullying, cyberbullying, social support, and social emotional outcomes
- Provide service to the program, department, college and university
- Completing postdoctoral hours in the Central Autism Assessment Center, supervised by Dr. Amanda Lopez, Director of Central Michigan University's Psychological Training and Consultation Center (PTCC)

Adjunct Faculty, January 2016 - May 2016
Psychology Department, Aurora University
Aurora, IL

- Responsible for development of course expectations, syllabus, assignments, evaluation tools, and grading
- Courses Taught: Lifespan Development (undergraduate)

School Psychologist, August 2014 - June 2016
Community Consolidated School District (CCSD) 89
Glen Ellyn, IL

- Completed initial and triennial special education evaluations
- Implemented and consulted on multi-tiered systems of academic and social/emotional support and social emotional learning standards
- Participated in and led problem-solving meetings
- Created and monitored functional behavioral assessments and behavioral intervention plans
- Consulted and collaborated with administration, teachers, support staff, and families
- Member of Achievement for All (Response to Intervention), Social Emotional Learning (SEL), and Employee Wellness district committees
- Supervised for professional licensure by Dr. Michelle Demaray, Northern Illinois University

Predoctoral School Psychology Intern, August 2013 - July 2014
Illinois School Psychology Internship Consortium (APA Accredited)
Northern Suburban Special Education District, North Shore Academy Elementary
Highland Park, IL

Supervisor: Gwen Grant, Psy.D., Ed.S.

- Completed a 2,000-hour doctoral internship providing a range of psychological services to children in K-5th grade at a public therapeutic day school.
- Conducted individual, group, and family therapy, at-risk assessments and crisis intervention plans, developed, implemented, and monitored behavioral intervention plans
- Completed triennial special education evaluations and annual IEP reviews
- Implemented multi-tiered systems of support, including data collection, data analysis, and led problem-solving meetings
- Consulted and collaborated with classroom teams and families
- Participated in monthly Illinois School Psychology Internship Consortium (ISPIC) trainings

Clinician Supervisor, January 2013 - May 2013
Psychological Services Center, Northern Illinois University
DeKalb, IL

Supervisor: Christine Malecki, Ph.D.

- Assisted licensed psychologist in supervising graduate student cases
- Led case conceptualizations and discussions
- Supervised intake interviews, assessment and treatment plans, and report writing

School Psychology Extern, August 2011 - May 2013
Genoa-Kingston Community Unit School District #424
Genoa, IL

Supervisors: Michelle Demaray, Ph.D., Christine Malecki, Ph.D.

- Completed a 20-hour per week externship at a rural school district and provided psychological services to children in early childhood through 12th grades.
- Completed initial and triennial special education evaluations
- Participated and led grade-level Response to Intervention (RtI) teams
- Participated in leadership team meetings regarding Response to Intervention, curriculum-based measurement, program evaluation, and evidence-based interventions and practices
- Conducted individual and group therapy for high school students

Clinician Practicum Student, January 2012 – May 2012
Psychological Services Center, Northern Illinois University
DeKalb, IL

Supervisor: Christine Malecki, Ph.D.

- Conducted intake interviews
- Administered standardized assessments, including neuropsychological assessments
- Developed and monitored behavioral and academic intervention plans and goals
- Met weekly with team to discuss case conceptualizations and clinic procedures

Research Assistant and Lab Coordinator, August 2009 – August 2013
Department of Psychology, Northern Illinois University
DeKalb, IL

- Completed a 20-hour per week graduate assistantship in a school psychology research lab
- Managed data projects for local school districts, conducted school-wide social-emotional and academic screening data collection and analysis
- Responsible for hiring and supervising undergraduate lab workers
- Guest lectured undergraduate psychology courses and graded assignments
- Assisted with organizing Northern Illinois University's assessment and intervention showcases

ADHD Institute Intern, May 2007 – August 2007
Pine Rest Christian Mental Health Services, Psychological Consultation Center
Cutlerville, MI

- Worked with licensed psychologists on evaluations for ADHD, administered and scored standardized assessments to children, adolescent, and adult clients.

PUBLICATIONS

Fredrick, S. S., Demaray, M. K., & Jenkins, L. N. (2016). Multidimensional perfectionism and internalizing problems: Does teacher and classmate support matter? *Journal of Early Adolescence*. doi: 10.1177/0272431616636231

- Jenkins, L. N., Demaray, M. K., **Fredrick, S. S.**, & Summers, K. H. (2014). Associations among middle school students' bullying roles and social skills. *Journal of School Violence, 15*(3), 259-278. doi: 10.1080/15388220.2014.986675
- Brown, C. F., Demaray, M. K., & **Secord, S. M.** (2014). Cyber victimization in middle school and relations to social emotional outcomes. *Computers in Human Behavior, 35*, 12-21. doi: 10.1016/j.chb.2014.02.014
- Jenkins, L. N., Demaray, M. K., Smit, N. A., **Secord, S. M.**, Lyell, K. M., Magers, A. M., Setmeyer, A. J., Rodelo, C. & Newcomb, E. C. (2014). A critical review of five commonly-used social-emotional and behavioral screeners for elementary or secondary schools. *Contemporary School Psychology, 18*, 241-254. doi: 10.1007/s40688-014-0026-6
- Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2013). Agreement among students', teachers', and parents' perceptions of victimization by bullying. *Children and Youth Services Review, 35*(12), 2091-2100. doi: 10.1016/j.chilyouth.2013.10.018
- Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2012). Promoting social support. In S. Brock & S. Jimerson (Eds). *Best Practices in Crisis Prevention and Intervention in the Schools* (2nd ed). Bethesda, MD: National Association of School Psychologists.

MANUSCRIPTS UNDER REVIEW

- Jenkins, L. N., Wenger, J. L., & **Fredrick, S. S.** (under review). Peer victimization and social-emotional outcomes: The role of teacher and peer support. *Aggressive Behavior*.
- Jenkins, L. N. & **Fredrick, S. S.** (under review). Social capital and bystander behavior in bullying: Internalizing problems as a barrier to prosocial intervention. *Journal of Youth and Adolescence*.

MANUSCRIPTS IN PREPARATION

- Fredrick, S. S.**, & Demaray, M. K. (in preparation). *The Relations Among Cyber and Traditional Victimization, Depression, and Suicidal Ideation*.
- Fredrick, S. S.**, Demaray, M. K., & Malecki, C. K. (in preparation). *Depression, Suicidal Ideation, and the Protective Role of Social Support in a School-Based Sample of Adolescents*.
- Drevon, D. D., Kim, S. Y., & **Fredrick, S. S.** (in preparation). *Natural Mentoring Relationships as a Protective Factor for Victims of Bullying*.

PEER-REVIEWED PRESENTATIONS

- Fredrick, S. S., & Demaray, M. K.** (2016, February). *Victimization and Internalizing Distress: Gender and Social Support as Moderators*. Poster presentation presented at the meeting of the National Association of School Psychologists, New Orleans, LA.
- Secord, S. M., Jenkins, L. N., Demaray, M. K., & Summers, K. H.** (2014, February). *Social skills and bullying participant roles*. Poster presentation presented at the meeting of the National Association of School Psychologists, Washington, D.C.
- Secord, S. M., & Demaray, M. K.** (2013, February). *Multidimensional perfectionism: Sources of perceived social support, anxiety, and depression*. Poster presentation presented at the meeting of the National Association of School Psychologists, Seattle, WA.
- Piccirillo, C. L., **Secord, S. M.**, Newcomb, E., & Luckner, A.E. (2013, February). *School personnel perspectives of relational aggression: Interventions and school policy*. Poster presentation presented at the annual convention of the National Association of School Psychologists, Seattle, WA.
- Piccirillo, C. L., Gyllborg, A., **Secord, S. M.**, & Luckner, A. E. (2013, February). *Influences of school personnel characteristics on perceptions of relational aggression*. Poster presentation presented at the annual convention of the National Association of School Psychologists, Seattle, WA.
- Demaray, M. K., Malecki, C. K., **Secord, S. M.**, & Lyell, K. M. (2012, February). *Agreement among students', teachers', and parents' perceptions of victimization*. Poster presentation presented at the meeting of the National Association of School Psychologists, Philadelphia, PA.
- Lyell, K. M., **Secord, S. M.**, & Malecki, C. K. (2012, January). *An overview of evidence-based math interventions*. Paper presentation presented at the meeting of the Illinois School Psychologist Association, Itasca, IL.
- Secord, S.**, Lyell, K., Demaray, M., Smit, N., Rodelo, C., Allen, E., Setmeyer, A., Magers, A., & Jenkins, L. (2011, February). *Overview and application of common social-emotional screeners*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Francisco, CA.
- Lyell, K. M., **Secord, S. M.**, & Malecki, C. K. (2011, February). *An overview of evidence-based math interventions*. Paper presentation presented at the meeting of the National Association of School Psychologists, San Francisco, CA.
- Magers, A., Setmeyer, A., Allen, E., Rodelo, C., Smit, N., Demaray, M., Lyell, K., & **Secord, S.**, & Jenkins, L. (2011, January). *Overview and application of common social-emotional screeners*. Paper presentation presented at the meeting of the Illinois School Psychologist Association, East Peoria, IL.

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2009, May). *College women's self-esteem, emotional control, and body investment in relation to self-injurious behavior*. Poster presentation presented at the Association for Psychological Science, San Francisco, California.

Skidmore, C. R., **Secord, S. M.**, Rotzien, A. L., & Bower Russa, M. E. (2009, April). *Factors influencing eating disordered and self-injurious behaviors in college women*. Poster presentation presented at the Midwestern Psychological Association, Chicago, Illinois.

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2008, April). *The impact of disordered eating patterns, multi-dimensional self-esteem, and emotional regulation on self-injurious behaviors in college women*. Poster presentation presented at Grand Valley State University, Student Scholarship Day, Allendale, Michigan.

SELECT INVITED PRESENTATIONS

Olsen, G., **Fredrick, S. S.**, & Langman, J. (2016, April). *First Steps in Efforts to Assess Standards Based Social Emotional Learning*. Presentation presented at the Social Emotional Learning Professional Learning Community hosted by the Regional Office of Education, Lombard, IL.

Lawinger, S., Malmstedt, K., & **Fredrick, S. S.** (2016, April). *Attention Deficit Hyperactivity Disorder*. In-service presentation to faculty of Community Consolidated School District 89, Glen Ellyn, IL.

Fredrick, S. S., & Schaffnit, L. (2015, November). *Executive Functioning Workshop*. In-service presentation to faculty of Westfield Elementary School CCSD 89, Glen Ellyn, IL.

Fredrick, S. S. (2015, October). *Bullying and Suicide: What are the Facts?* Presentation at the Annual Bullying Prevention Conference hosted by Bridging Voices in Our Community (BVC) at Eastern Illinois University, Charleston, IL.

Fredrick, S. S. (2015, May). *Response to Intervention*. In-service presentation to faculty of Westfield Elementary School CCSD 89, Glen Ellyn, IL.

Secord, S. M. (2014, February). *Zones of Regulation*. Presentation at ISPIC Social Emotional Interventions Showcase, Normal, IL.

Secord, S. M. (2013, November). *VMath*. Presentation at ISPIC Academic Interventions Showcase, Normal, IL.

Secord, S. M. (2013, August). *Depression and Suicide Prevention Awareness*. In-service presentation to faculty of Kenilworth District 38, Kenilworth, IL.

Secord, S. M. (2012, May). *Systematic Screening for Behavioral Disorders*. Presentation at Northern Illinois University Social-Emotional Screener Showcase, DeKalb, IL.

Secord, S. M., & Lyell, K. M. (2012, March). *Mental Health in the Schools*. Presentation to pre-service special education teachers, DeKalb, IL.

Secord, S. M. (2011, May). *Systematic Screening for Behavioral Disorders*. Presentation at Northern Illinois University Social-Emotional Screener Showcase, DeKalb, IL.

Secord, S. M. (2011, May). *Reynolds Adolescent Adjustment Screening Inventory*. Presentation at Northern Illinois University Social-Emotional Screener Showcase, DeKalb, IL.

Secord, S. M., & Lyell, K. M. (2010, October). *Curriculum Based Measurement*. Presentation to undergraduate psychology majors, DeKalb, IL.

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2009, February). *The Impact of Emotional Regulation, Body Investment, Eating Pathology, and Self-Esteem in Subclinical Self-Injurious Behaviors: Implications for Today's Adolescent Girls*. Workshop presented at the West Michigan Counseling Association, Grand Rapids, Michigan.

GRANTS

Secord, S. M., & Demaray, M. K. (2013). Society for the Study of School Psychology (SSSP) Dissertation Grant Award. Total amount funded: \$2,566

Skidmore, C. R., **Secord, S. M.**, & Rotzien, A. L. (2008). Psi Chi Undergraduate Research Grant. Total amount funded: \$800

PROFESSIONAL DEVELOPMENT

- *Rush Neurobehavioral Center, Executive Functioning Curriculum* (October, 2015)
- *Motivating and Maximizing Student Learning, Assessment Literacy Course* (August, 2015)
- *Responsive Classroom Course* (July, 2015)
- *Illinois Includes 3rd Annual Conference* (May, 2015)
- *Culturally and Linguistically Responsive Instruction and Intervention for English Learners* (April, 2015)
- NASP PREPaRE workshop *Crisis Intervention & Recovery (2nd Ed.): The Roles of the School-Based Mental Health Professional* (May, 2012)

PROFESSIONAL ORGANIZATION MEMBERSHIP

- Michigan Association of School Psychologists (MASP)
- National Association of School Psychologists (NASP)
- American Psychological Association (APA), Division 16

LICENSURE AND CERTIFICATION

- Nationally Certified School Psychologist (NCSP) certification #47043
- Professional Educator License with School Psychologist endorsement (Illinois State Board of Education)
- Currently undergoing supervision for professional licensure with expected completion date May 2017

Updated September 30, 2016